

# RMHA Pre Tryout Camp

# Stay on the ice and be prepared for tryouts!

<u>What</u>: 6 ice sessions to get players ready for tryouts. Sessions will consist of: skill development, game situation battle drills and scrimmages. The goal is to get players game ready in order to perform their best at tryouts.

When: Mondays and Thursdays 5:00pm-6:00pm

## Pewee/Bantam

Monday Apr. 23 - skill session

Monday Apr. 30 - skills / battle

Monday May. 7 - skills/scrimmage

Thursday Apr. 26 - skill session

Thursday May. 3 - skills / battle

Thursday May. 10- skills/ scrimmage

#### Novice/Atom

Monday May 14 – skill session

Monday May 21 –holiday no ice!

Monday May 28 – skills/ scrimmage

Thursday May. 17 – skill session

Thursday May 24 – skills/ battle

Thursday May. 31 – skills/ scrimmage

\*\*Total cost for Novice/ Atom age groups due to Victoria Holiday: \$100.00

Where: WFCU Center, 8787 McHugh St, Windsor, ON N8S 0A1

**Who**: All sessions will be run by RMHA skill development coaches: D.J. Turner and Sean Ducharme

### **How to register:**

Send e-mail confirmation or call to reserve spot: <u>519hockeytraining@gmail.com</u> 519-792-7251

<sup>\*\*</sup>Total cost for Pewee/Bantam age groups: \$120.00